



# R3DEEMPTION

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## WE ARE THE VILLAGE

"IT TAKES A VILLAGE TO RAISE A CHILD" IS AN AFRICAN PROVERB THAT MEANS THAT AN ENTIRE COMMUNITY OF PEOPLE MUST PROVIDE FOR AND INTERACT POSITIVELY WITH CHILDREN FOR THOSE CHILDREN TO EXPERIENCE AND GROW IN A SAFE AND HEALTHY ENVIRONMENT. IT TAKES A VILLAGE TO LOOK OVER, BE A POSITIVE INFLUENCE, AND PROVIDE GUIDANCE. **WE ARE BETTER TOGETHER.**



## R3C MISSION:

R3DEEMPTION COMMUNITY BRIDGES THE GAP BETWEEN ADOLESCENCE TO ADULTHOOD THROUGH PROGRAMS TO SUPPORT THEIR DEVELOPMENT, GROWTH, AND SUCCESS THROUGH MIND, BODY, AND SPIRIT FUNDAMENTALS.

# COMMUNITY

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A 501(C)3 ORGANIZATION

# R3C PROGRAMS

CREATING PROGRAMS FOR POSITIVE CHANGE THAT IMPACT LIVES THROUGH **MIND, BODY, AND SPIRIT** FUNDAMENTALS.

WE BELIEVE THAT WHEN WE STRENGTHEN OURSELVES IN THESE AREAS IT LEADS TO BETTER DECISION MAKING, RELATIONSHIP BUILDING, AND LEADERSHIP.

PROGRAMS ARE TAILORED FOR SCHOOL, ORGANIZATIONS, AND TEAM SETTINGS.

## TOPICS:

- SPORTS / SPORTSMANSHIP
- JOB SKILLS
- ENTREPRENEURSHIP
- MENTAL HEALTH
- LEADERSHIP DEVELOPMENT
- PERSONAL DEVELOPMENT
- EMOTIONAL INTELLIGENCE
- SPIRITUAL HEALTH
- LIFE SKILLS
- RELATIONSHIP BUILDING
- CROSS COMMUNICATION
- COMMUNITY BUILDING
- FINANCIAL LITERACY
- GOAL SETTING

## THE IMPACT:

"I LEARNED TO NOT UNDERESTIMATE MYSELF. I JUST WANTED TO THANK YOU ALL FOR THE BREAK OF ROUTINE. MY DAYS STARTED TO BLUR AND TURN INTO ONE, AND THIS HELPED ME FEEL ALIVE."

- 18 YEAR OLD MALE, 12TH GRADE

"YOU INSPIRE ME. THANK YOU FOR TODAY. I TRULY FEEL LIKE I AM NOT ONLY CAPABLE, BUT WORTHY AND DESERVING OF GOOD THINGS IN LIFE."

- 17 YEAR OLD FEMALE, 12TH GRADE

"MY FAVORITE PART OF THE DAY WAS THE OBSTACLE COURSES AND THE PRESENTATIONS WE HAD ABOUT OUR FUTURE BODIES. I LEARNED THAT GETTING OUT OF YOUR COMFORT ZONE CAN REALLY MAKE A DIFFERENCE IN YOUR LIFE. I APPRECIATE YOU GUYS."

- 19 YEAR OLD MALE, 12TH GRADE

"I REALLY LIKED WHEN WE WERE DOING THE NATURE WALK, WE PLAYED GAMES AND ILLUSTRATED IT TO THE REAL WORLD. ONE I LIKED WAS YOU HAVE TO LET GO IF THERE IS SOMEONE BLOCKING YOU TO MOVE FORWARD IN LIFE AND HAVE GOOD COMMUNICATION IN RELATIONSHIPS."

- 17 YEAR OLD FEMALE, 12TH GRADE

